



To the parents in the Hjørring Municipality

5th March 2020 at 13:30

Information about COVID-19 (Coronavirus) for the parents whose children attend school or day care centre in the Hjørring Municipality.

Dear Parents

This letter will provide you with information about, how you as a parent, must act, in relation to COVID-19.

The Danish Health Authority has made new recommendations about COVID-19 on the 3rd of March this year.

The Hjørring Municipality has taken several measures based on The Danish Health Authority's recommendations.

As parents, please be aware of the following:

Quarantine:

If you and/or your children have returned from a risk area* **before** March 2nd, 2020, Hjørring Municipality **strongly recommends** that the children be kept at home, away from school and/or day care as well as dental and health care for 14 days.

If you and/or your children have returned home **after** March 2nd, the children **MUST** be kept at home from school and/or day care as well as dental and health care for 14 days.

Remember to notify school / day care about the home quarantine.

In case of suspicion of infection:

If you or your children fall ill after staying in a risk area:

- Call your own doctor or the emergency room doctor.
- Have you been infected with COVID-19? Aalborg University Hospital will initiate the treatment course, and the Danish Patient Safety Authority makes



sure to contact the people you have been in contact with, including schools and day care centres, etc.

Read more:

The situation is constantly evolving, and therefore the Hjørring Municipality recommends that you keep yourselves updated on The Danish Health Authority's website: www.sst.dk

You can read more on www.hjoerring.dk

*Here you can find an overview of the risk areas:

<https://www.sst.dk/da/Viden/Smitsomme-sygdomme/Smitsomme-sygdomme-AA/Coronavirus/Spoergsmaal-og-svar>

Contact:

If you have any questions about the above, you are welcome to contact the management of your child's school or day care centre.

Prevent infection:

- Wash your hands frequently with soap and water. If necessary, use hand disinfectants afterwards.
- Avoid contact with people who have symptoms of colds and/or respiratory infection.
- Cough and sneeze in a disposable tissue. If no tissue is available, cough or sneeze into your upper sleeve.
- Show consideration for sick people and people with poor health.